

# PEP (Post Exposure Prophylaxis)

*PEP is an emergency measure - it is NOT a substitute for safer sex*



**PEP is an attempt to prevent infection after exposure to HIV and can be used**

- ⇒ after a high risk of infection for HIV
  
- ⇒ in the event of a condom break or unprotected vaginal/anal intercourse with partners who have unknown HIV status

**Abteilung  
Test & Beratung**  
Tel.: +43 1 599 37 30  
beratung@aids-hilfe-wien.at  
www.aids.at

The person affected should visit a hospital within 1 - 2 hours but not later than 48 hours and start with PEP treatment which must be taken for 4 weeks.

**!!! People\* who are HIV positive and whose viral load is below the detection limit can NOT transmit HIV !!!**

## **Immediate action required after exposure to HIV**

- ⇒ Immediately rinse all affected mucous membrane (mouth, eyes, glans, inside of the foreskin, urethral entrance) with water (or with a disinfectant that is compatible with the mucous membranes)
  
- ⇒ **DO NOT** rinse the vaginal or anal mucosa
  
- ⇒ If you have taken sperm into your mouth, spit it out immediately and rinse your mouth with water
  
- ⇒ In case of skin punctures and abrasions immediately squeeze the wound to induce bleeding. This should be done for several minutes. Wash preferably with disinfectants or water if necessary.

## Specialized centers

### VIENNA / LOWER AUSTRIA / BURGENLAND

#### **Klinik Penzing**

Lungenambulanz - Immunambulanz  
Pavillon Leopold

Sanatoriumstraße 2  
1140 Wien

Tel: +43 1 91060 - 42710  
24 hours, also on Sundays and public holidays

*Bus: 48A und 47A, Station: Baumgartner Höhe*

#### **Allgemeines Krankenhaus Wien**

Universitätsklinik für Dermatologie – HIV Ambulanz 4 Süd

Währinger Gürtel 18-20  
1090 Wien

Tel: +43 1 40400 - 42400  
Mon to Fri 08.00 a.m. – 03.00 p.m. (12.00 p.m.)

*Tram: 5 und 33, Station: Lazarettgasse  
U6, Station: Michelbeuern, AKH*

#### **Klinik Favoriten**

4. med. Abteilung mit Ambulanz, Pavillon C - Infektionsambulanz

Kundratstraße 3  
1100 Wien

Tel: +43 1 60191 - 72450  
Mon to Thu 08.00 a.m. – 01.00 p.m. (12.00 p.m.)

*Bus: 7A ab Reumannplatz (U1) or from Bahnhof Meidling (U6),  
Station: Franz-Josef-Spital*

### UPPER AUSTRIA

**Kepler Universitätsklinikum**, Dermatologie und Venerologie, HIV-Ambulanz; Krankenhausstraße 7a, 4020 Linz; Tel: +43 (0) 5 76 80 83 - 4112

### SALZBURG

**Uniklinikum Salzburg**, III. innere Medizin, Infektionsambulanz; Müllner Hauptstraße 48, 5020 Salzburg; Tel: +43 (0) 57 255 - 25 882

### STYRIA

**Landeskrankenhaus Graz**, Abteilung für innere Medizin, Department für Gastroenterologie und Infektiologie, HIV-Ambulanz; Göstinger Straße 22, 8020 Graz; Tel: +43 (0) 316 54 66 – 6402

### CARINTHIA

**Klinikum Klagenfurt am Wörthersee**, Abteilung für Innere Medizin und Hämatologie und internistische Onkologie, HIV-Ambulanz; Feschnigstraße 11, 9020 Klagenfurt am Wörthersee; Tel: +43 (0) 463 538 – 34 603

### TIROL

**Universität Innsbruck**, Universitätsklinik für Dermatologie, Venerologie und Allergologie, Station V (HIV/STIs); Anichstraße 35, 6020 Innsbruck; Tel: +43 (0) 512 504 – 24 847

### VORARLBERG

**Landeskrankenhaus Feldkirch**, Infektiologische und HIV-Ambulanz; Carinagasse 47, 6807 Feldkirch; Tel: +43 (0) 5522 303 – 2694